

Interrupted

Intentional Interruptions

An interruption is anything that takes our attention away from one's primary task. But what if you don't know your primary task? Or what if you aren't living for your primary task? Are there some interruptions that might bring our attention back to the task we are supposed to be living for?

Discussion Questions

1. On any given day, what is one thing that, if you do this thing or get this thing done, it is a "good day"? Why?
 2. The bad steward in the Gospel for this Sunday was living without much focus until a crisis struck. At that moment, he had total clarity about what he ought to be doing and he focused on *one thing*. Have you ever had a conflict that lead to clarity and focus? Please describe.
 3. If you had to narrow the focus of your life to *one thing*, what would it be? Discuss.
 4. Living the kind of life God wills for us means saying "no" to a lot of good things. Do you find it easy or difficult to say no? Are there certain people or situations where it becomes more difficult? Why do you think that is? Discuss.
 5. If we are going to live lives where God truly has permission to interrupt us, we have to create times of intentional interruptions. Do you have these already? Please share on that.
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God in Real Life

1. This week, create space and time for "Intentional Interruptions", practice saying "no" to something that is good but not great, and say "yes" to everything that serves the primary task of your life.
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To the Heart

"Let your 'Yes' mean 'Yes,' and your 'No' mean 'No.' Anything more is from the evil one."
~Matthew 5:37