

Interrupted

Too Busy to Notice

As Catholics, we believe that people *matter*. The world has been changed by Catholic Christians who did more than just believe this truth; they allowed this truth to interrupt their lives and they acted on it. What is the difference between them and us? It is threefold: we are too busy to notice, too numb to care, and think we are too small to matter. What if that changed?

Discussion Questions

1. On a scale of 1-10, how would you rank your level of busyness? Why are you so busy right now? Is this a temporary thing, or has it become chronic?
 2. Do you believe the statement that “all people matter”? Has there ever been a time when your busyness lead you to act as if you *didn't* believe that to be true? Please describe.
 3. There are times when we don't help someone because we don't know what to do. Have you ever had a time when you realized that your heart had become hardened to someone else's need? Why do you think that this is so common to all of us? What is one thing you could do to avoid becoming numb? Discuss.
 4. The Bible warns against the kind of numbness that affluence can lead to. While you may not be the wealthiest person you know, how has comfort affected your willingness to be interrupted by another person's legitimate need? Discuss.
 5. Is there anyone in your life to whom you have grown numb and possibly careless? That is normal, but how did that happen? Could that ever change? Please share on that.
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God in Real Life

1. This week, make room in the schedule to recognize great moments, give God permission to break your heart, and recognize that great moments can also be found in the small things.
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To the Heart

“So, as those who have been chosen of God, holy and beloved, put on a heart of compassion, kindness, humility, gentleness and patience.” ~Colossians 3:12