

Discipleship 101

Free to Be Held

Following Jesus is not merely a matter of behaving or “being good”. It ultimately rests on whether or not we will allow the Father to get close enough to carry us. But too many people find themselves divided, afraid, and bound by their sins, their fears, and their weakness. With a word, Christ can set us free. We can be free to be held rather than bound by what enslaves us.

Discussion Questions

1. How would you describe yourself? A squirmer, someone who has a hard time letting someone get close? Or a sponge, as you can readily take all the love and attention someone has to give?
 - A. What if that “someone” was Jesus? Does that change your answer?
 2. Have you ever thought, “I can’t get let God get close to me because He will take away everything that I love and/or everything that I think that I need”? What am I afraid of losing?
 - B. Who would I be, what would I be without this thing or this relationship? Can I entrust it to God? Please share.
 3. God can only love what is real. Do I believe that God wants to hold me? Or does my false self believe that I am too far out of His grasp? Why?
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God in Real Life

1. “Faith is a personal adherence of the whole person to the God who reveals Himself.” We can’t hold onto Him as a whole person if we are clinging to our sins and weaknesses and attachments. Can I hand them over to Him in Confession? Make a plan to go. Choose a time. Stick to it.
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To the Heart

“He commands even the unclean spirits and they obey him.” Mark 1:27