

Discipleship 101

Free to Keep a Promise

Duties and obligations are often seen as burdens. They restrict us from doing what we want and being able to enjoy life. But is this accurate? It turns out that being entrusted with a duty is a gift...and being able to do that duty is a power.

Discussion Questions

1. Many of us find ourselves being overcommitted, perfectionistic, and showing-up merely out of duty. Which of these do I struggle with the most? What's one practical way I can change it?
 2. When it comes to duty, a lot of life is showing up because you have to. For the rest of our lives, we are going to find ourselves in situations "because we have to be." Does this bring about fear or dread? How so?
 3. Having a duty is a privilege. Doing your duty is a freedom. Can you imagine what it would be like for God Himself to say, "I have selected *you* and I have entrusted *you* with a task and a mission." What would your response be? Could you see it as stewardship and not merely obligation?
 4. Read Matthew 14:22-33. Read Mark 1:35-39. Read Matthew 26:36-46. Put yourself in an apostle's shoes. What do you think the apostles learned in witnessing Jesus pray? What strikes you as you reflect on it?
 5. As His sons and daughters, we have 100% unlimited access to the Heart of the Father. Am I meeting Him there? Do I even want to meet Him there? or is prayer just a "have to" with resentment?
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God in Real Life

1. Our primary obligation in being a Christian disciple, a disciple of Jesus, is prayer. If I do not pray, then I am not a disciple of Jesus. Am I taking time out of my day in an intentional way to pray? Make a plan. When will it be? What time? Where will it be? Who can hold me accountable?
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To the Heart

"If I preach the gospel, this is no reason for me to boast, for an obligation has been imposed on me, and woe to me if I do not preach it! If I do so willingly, I have a recompense, but if unwillingly, then I have been entrusted with a stewardship. What then is my recompense? That, when I preach, I offer the gospel free of charge so as not to make full use of my right in the gospel." 1 Corinthians 9:16-19