

The Root

Transparent and Vulnerable

Many people find it incredibly difficult to be honest...even with themselves. But unless we get past the surface to the root of what is truly in our hearts, not only will we not know ourselves, no one else will know us either. In our relationship with God, we need to be honest with what is in our heart, we need to entrust what we've found to Him, and we need to be vulnerable enough to receive His love.

Discussion Questions

1. Is there a person in your life with whom you find it very easy to be honest? Who is that? Why is that? Is there anyone in your life with whom you find it more difficult to be honest?
2. Have you ever trusted God with something or someone who was important to you? Was it different or more difficult than entrusting yourself to Him? If so, how so? Discuss.
3. The three keys to prayer: 1) Be honest and acknowledge. 2) Entrusting Him with that honesty. 3) Receive His love for me. Which of these do I struggle with the most? How so?
4. When we entrust Him with something in prayer and it doesn't turn out the way we hoped, what is our response? Do we blame Him and then keep Him at a distance? Or do we use it as an moment to trust Him more?
5. To be transparent is like you're in a fishbowl and you let people see you. But to be vulnerable is when you invite someone into your fishbowl. Is it easy for you to let others into your fishbowl? Is it more difficult inviting Jesus into your fishbowl? How so?

God in Real Life

In prayer we need to acknowledge, we need to entrust, and we need to receive. For the next two weeks, do these three steps in your prayer time every day.

To the Heart

"He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?" Romans 8:32