

# Come to the Altar

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## Learning to Worship

We have to learn the worship of God in a similar way that we need to learn the Word of God. The more we know What we are doing, Who we are offering, Why it is crucial, and When to focus, the more we will be able to do more than watch...we will be able to worship.

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## Discussion Questions

1. What is one thing in your life that you both care about and you know about? (For example, if you are someone who really likes going to concerts, you could teach people about “how to go to concerts”.)
  2. Have you ever experienced frustration or confusion about going to Mass? What have you found was the source of that frustration or confusion? Has it been resolved or is it ongoing? Please share.
  3. Have you ever had an encounter with the reality of Jesus’ Presence in the Eucharist? Or come to a new awareness that the Eucharist is far more than a symbol? When was this? Please share and discuss.
  4. The “offering” of the Sacrifice of the Eucharist is the moment of worship. Have you ever considered this before? If you have, how has it changed how you worship at Mass? If you hadn’t, how do you think it will change how you worship at Mass?
  5. Every time we offer the once for all sacrifice of the Son to the Father, the world is redeemed and the Father is glorified. What is one way you could participate more intentionally so that the Father is glorified even more fully in you and salvation is extended through you? (For example, you could arrive at Mass more prepared, you could follow along with a Missal, etc..No bad ideas...feel free to share.)
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## God in Real Life

This week, how can you bring your first-fruits, your heart, the people on your heart to God at the altar in the Mass?

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## To the Heart

“For by one offering, he has made perfect forever those who are being consecrated.”  
Hebrews 10:14