

Are You Saved?

From What: Lovelessness

The saving work of Jesus was accomplished in His life, death, resurrection, and ascension. The saving work of Jesus meets our lives and transforms them through the tangible gifts of His love: the sacraments.

Discussion Questions

1. Who is one person that you know loves you? How do you know they love you?
 2. The five love languages—how someone most prefers to receive love—are spoken through words of affirmation, spending quality time, physical touch, receiving gifts, and acts of service. What is your love language? Why is that?
 3. Through the Holy Spirit, Jesus conveys His own love language: the sacraments. Do you depend on the sacraments enough for there to be a language between Him and you? Why or why not?
 4. To be indifferent to the sacraments is to be indifferent to Love. Is the spirit of indifference something that you wrestle with? Why or why not? How can someone work through that indifference?
 5. Have you had a powerful experience when you've encountered God's love in one of the sacraments? Would you be willing to share? How did it strengthen your relationship with Him?
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God in Real Life

Let Jesus speak to you through His love language. Seek out one sacrament this week that you wouldn't normally seek out (going to daily Mass, Confession, etc.).

To the Heart

“So do not be ashamed of your testimony to our Lord, nor of me, a prisoner for his sake; but bear your share of hardship for the gospel with the strength that comes from God.” 2 Timothy 1:8