

# The Hardest Step

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## The First Step

The first step is the most difficult...but it is also the most important.

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## Discussion Questions

1. What is one thing that you had wanted to have accomplished by now this year (or this season)? What has prevented you from accomplishing it? Please share.
  2. Is there an area of your life (be it relationships, friendships, work, school, habits, prayer, etc) where you feel "stuck", knowing that something needs to change and that God is calling you to make that change? Being specific, please share.
  3. Taking the first step to change something is always the hardest part. Looking at your answer to number two, what is the first step in changing that area?
  4. Both Naaman and the lepers in today's Mass readings weren't healed until *after* they moved. Sometimes God says, "You move, and *then* I will show up." Do you see yourself as someone having enough hope in His providence for you to move? Why or why not?
  5. When you do take that first step to change, you can afford to be wrong. We can sometimes see God with the all-or-nothing thinking, "If I take one wrong step then His plan for me is ruined." How is this thinking about God not true? Please discuss.
  6. Would you be happy if the depth of your relationship with God right now is the deepest it will reach for the rest of your life? Why or why not? What would need to change for you to be happy with it?
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## God in Real Life

This week, choose one of the areas of your life where God is asking you to make a change. Being specific, name that first step you need to take, make a practical plan to take it, and take it.

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## To the Heart

"And when Jesus saw the lepers, He said, "Go show yourselves to the priests." As they were going they were cleansed. And one of them, realizing he had been healed, returned, glorifying God in a loud voice; and he fell at the feet of Jesus and thanked Him."

Luke 17:14-16