

ROADMAP:

be who you are & be that well

There is one true goal in life: to be a saint. Many of us believe this, but is there a path? Without a plan, we will certainly fail to hit the goal. Without a roadmap, we will spend our time on this planet wandering as if we neither know where we are or where we are going.

BE A SAINT

THE ROADMAP BEGINS WITH "WHO".

Our lives can be divided and disintegrated by many different challenges and disagreements. We need a single unifying principle or goal that is worth giving your entire life for. And then we need to know how to actually do this. We need a roadmap.

GOD IN REAL LIFE

This week, find some practical way to remember who you are, and to remember whose inscription you carry.

TO THE HEART

But as he who called you is holy, you also be holy in all your conduct
- 1 Peter 1:15

DISCUSSION REFLECTIONS

- 1) What is one thing that you want to be true about you before your next birthday that ends with a zero? (If you are 23, before you are 30). Why?
- 2) It can be easy to slip into the trap of only developing the "resume virtues" or only focusing on the lack of "eulogy virtues" in our lives. But in practicing some self-compassion, can you think of one eulogy virtue that you do practice that would also align with being a saint? Being specific, please share!
- 3) When it comes to anything that's worth living for or any vision that's worth spending your life for, we need to have a roadmap to reach it. Without a roadmap, it is just a wish. Would you say that you are currently following a roadmap to becoming a saint? Or are those plans that keep getting postponed or put on the back burner? Why is that? Please discuss.
- 4) When we stop and think about it, a lot of us realize that there is a humiliating gap between being your desired self and your actual self. How does living as your desired self compare with your vision for living as a saint?
- 5) It can be discouraging to focus on the gap between one's desired self and one's actual self, to acknowledge the distance between the two. But what do you know about God as a Father that encourages you as you decrease that distance?
- 6) If the coin in the Gospel today belongs to Caesar because it has his image and inscription on it, the question we can ask is: whose image are you made in? What strikes you about that? Why do you think it can be so easy to forget who we are, and to forget who He made us to be?