

be who you are & be that well

There is one true goal in life: to be a saint.

Many of us believe this, but is there a path?

Without a plan, we will certainly fail to hit the goal.

Without a roadmap, we will spend our time on this planet wandering as if we neither know where we are or where we are going.

## RECLAIMED AND REPURPOSED

HOLINESS ISN'T ALWAYS CHANGING YOUR WHAT AS MUCH AS CHANGING YOUR WHY.

Our lives have been reclaimed by Christ and we have become a new creation. Because of this, every moment of our lives can be lived with and for a new purpose. Every moment can be repurposed to be a sacrament, and sacrifice, and an act of surrender.

## GOD IN REAL LIFE

This week, resolve to allow yourself to be reclaimed by Christ's love, and for that love to repurpose every moment of your life...living for a new why each moment.

## TO THE HEART

"Teacher, which commandment in the law is the greatest?" He said to him, "You shall love the Lord, your God, with all your heart, with all your soul, and with all your mind." Matthew 22:36-37

## DISCUSSION REFLECTIONS

- 1) Where are you at in life? (Student, worker, retired....basically, "What do you do?"). Why? Why are you doing what you are doing these days? Please explain.
- 2) Saint Francis de Sales once said, "Whosoever gains the heart has won the whole man." What was it that led you to choose to go to Mass this weekend? What's your "why" for showing up? Why does Jesus gaining your heart matter to you?
- 3) Why did God make you? The Baltimore Catechism tells us, "God made me to know Him, to love Him, and to serve Him in this world and to be happy with him forever in the next." What is one practical way that you get to know Him, to love Him, and to serve Him daily? What is one practical thing that you could do in addition to that? Being specific, please share.
- 4) Do you believe that every moment in your life has the capacity to be repurposed as an act of love for God? If not, what might be some reasons why?
- 5) What is next on your "to do" list for today? Spend a few minutes in prayer, either alone or with those you may be completing this handout with: Being specific, ask Him to be present. Offer it to Him and, handing it over to Him, accept whatever comes of it.

