

# ROADMAP:

be who you are & be that well

There is one true goal in life: to be a saint.  
Many of us believe this, but is there a path?  
Without a plan, we will certainly fail to hit the goal.  
Without a roadmap, we will spend our time on this planet wandering as if we neither know where we are or where we are going.

## CHECKPOINTS

### WHAT HAVE YOU DONE WITH WHAT YOU'VE BEEN GIVEN?

No one ever sets out to lose. But losing is entirely possible: in business, relationships, and in the spiritual life. It is possible to lose one's soul. No one wants to lose, but many people do. Even with a great roadmap, we need regular checkpoints to make sure we are on course and haven't gone off track.

#### GOD IN REAL LIFE

Take the time this week to build in checkpoints each morning and evening to ask what you have been given and what you have done with what you've been given.

#### TO THE HEART

"He said, 'Master, you gave me five talents. See, I have made five more.' His master said to him, 'Well done, my good and faithful servant. Since you were faithful in small matters, I will give you great responsibilities.'" -Matthew 25:20-21

## DISCUSSION REFLECTIONS

- 1) What would you do if you were given a million dollars? How would you spend it, and why?
- 2) Just as in the Gospel today, God will ask all of us this question: "What have you done with what you've been given?" If you had that conversation with Him today, what would it sound like?
- 3) Have you ever been put in a position where you have been asked or tempted to compromise when it came to your faith? Did you stay on course and resist or did you lose your way a bit? What was easy and what was difficult about that decision? Please share.
- 4) Make a list of your checkpoints for the rest of today. What opportunities, resources and abilities do you have to work with today? Please share.
- 5) What are you grateful for in today's opportunities? What interruptions or tough conversations may come up in your day, and how can you prepare or rehearse for them?
- 6) Tonight's homework: An evening examination: What have you done with what you've been given today? Have you done as Saint Frances de Sales has instructed and "retained the resolutions that you came to"? Why or why not? Review, and resolve to do so again. (Don't lose heart: remember, it's not about perfection.)