

TO THE HEART

EMBRACING EACH MOMENT OF LIFE IS TO TAKE EACH MOMENT TO OUR HEART.

THE HEART IS THE DEEPEST SEAT OF THE PERSON. THE HEART REVEALS WHO WE ARE AND WHAT WE LOVE. THE HEART IS ALSO THE PLACE OF ENCOUNTER WITH GOD. WE CAN EITHER KEEP GOD DISTANT FROM OUR HEART OR WE CAN GIVE GOD ACCESS TO OUR HEART.

MY TREACHEROUS HEART

Is the question, "Can I trust God?"
or is the better question, "Does God Trust me?"

THERE IS SOMETHING THAT ALL OF US DISCOVER ABOUT OURSELVES THE MOMENT WE HAVE A MINUTE OF SELF-REFLECTION: WE HAVE THE CAPACITY TO DO THE THINGS WE HATE. IN SPITE OF OUR BEST EFFORTS AND SINCERE DESIRES TO BE CONSISTENTLY GOOD, WE HAVE THIS THING IN OUR CHESTS THAT OUGHT NOT TO BE TRUSTED. WE HAVE TREACHEROUS HEARTS. AND YET, JESUS ENTRUSTS HIS HEART TO OURS AT EVERY MASS.



GOD IN REAL LIFE

This week, make time to attend Mass outside of Sunday Mass: Entrust your treacherous heart to His Eucharistic Heart. (If you're unable to attend in person, you can still do this through the Act of Spiritual Communion!)

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"Jesus did not need anyone to testify about human nature. He himself understood it well." John 2:25

DISCUSSION QUESTIONS

1. WHAT IS ONE "RULE" THAT REALLY BOTHERS YOU WHEN YOU SEE IT BEING BROKEN? (EXAMPLES: SEEING SOMEONE TEXTING AND DRIVING, WEARING A HAT INDOORS, CHEATING ON EXAMS, ETC...)
2. HAVE YOU EVER WONDERED IF GOD CAN TRUST YOU? HOW IS THIS POTENTIALLY A DIFFERENT QUESTION THAN WHETHER OR NOT ANOTHER HUMAN BEING CAN TRUST YOU? (SPEAKING OF WHICH, HAVE YOU EVER WONDERED IF YOU WERE TRUSTWORTHY? WHY OR WHY NOT?)
3. 90% OF PEOPLE WHO CONSIDER THEMSELVES "MORALLY UPSTANDING" ARE WILLING TO ACT DISHONESTLY TO BENEFIT THEMSELVES IF THEY BELIEVE THEY WON'T GET CAUGHT. HAVE YOU RECOGNIZED THIS IN YOURSELF? WHY DO YOU THINK THE NUMBER IS SO HIGH? DISCUSS.
4. GOD HAS REVEALED THAT BREAKING HIS COMMANDMENTS IS THE EQUIVALENT OF COMMITTING ADULTERY. IT IS NOT MERELY "BREAKING A RULE", BUT IS BETRAYING THE RELATIONSHIP WE HAVE WITH GOD. HAVE YOU EVER REFLECTED ON THIS: THAT COMMITTING A SIN IS BEING ADULTEROUS AGAINST THE LORD? PLEASE DISCUSS.
5. JESUS ENTRUSTS HIS HEART TO US IN THE EUCHARIST. HOW DOES GOD'S ENTRUSTING HIS HEART TO OUR TREACHEROUS HEART REVEAL ABOUT YOU? WHAT DOES IT REVEAL ABOUT GOD?