

TO THE HEART

EMBRACING EACH MOMENT OF LIFE IS TO TAKE EACH MOMENT TO OUR HEART.

THE HEART IS THE DEEPEST SEAT OF THE PERSON. THE HEART REVEALS WHO WE ARE AND WHAT WE LOVE. THE HEART IS ALSO THE PLACE OF ENCOUNTER WITH GOD. WE CAN EITHER KEEP GOD DISTANT FROM OUR HEART OR WE CAN GIVE GOD ACCESS TO OUR HEART.

VULNERABLE AND ABLE

A heart that is too soft has to be protected.
A heart that is too tough can't be touched.

WHAT GOOD IS IT TO HAVE A HEART THAT CAN BE HURT BY THIS WORLD? MANY CHOOSE TO NUMB THEMSELVES RATHER THAN FEEL THE PAIN OF LIFE. BUT BECOMING NUMB LEAVES US WITH A HEART THAT IS UNABLE. UNABLE TO FEEL PAIN BUT ALSO UNABLE TO FEEL JOY. AS CHRISTIANS, WE ARE CALLED TO HAVE A HEART LIKE THE HEART OF JESUS: VULNERABLE AND ABLE.



GOD IN REAL LIFE

This week, be intentional in choosing to trust Him and others.
Choose to be vulnerable: be able to be broken,
but able to love.

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"I will place my law within them and write it upon their hearts; I will be their God, and they shall be my people." Jeremiah 31:33

DISCUSSION QUESTIONS

1. WHAT IS A STORY FROM YOUR CHILDHOOD OR ADOLESCENCE THAT HAS MADE AN IMPACT ON YOU? HOW HAS IT IMPACTED YOU?
2. IF MY HEART IS TOO SOFT, I HAVE TO PROTECT IT. BUT IF MY HEART IS CALLOUSED THEN HE DOESN'T GET TO TOUCH IT. DO YOU FIND YOUR OWN HEART IN ONE OF THESE CATEGORIES SOMETIMES? WHICH ONE? HOW DOES IT GET IN THE WAY OF YOU TRUSTING GOD?
3. JUST LIKE THE TIN MAN ASKS THE WIZARD FOR A HEART, WE CAN FIND OURSELVES ASKING GOD FOR A NEW HEART. WHY DO YOU WANT A NEW HEART? HOW WOULD YOU LIVE DIFFERENTLY WITH A NEW HEART?
4. VULNERABILITY IN ACTION LOOKS LIKE JESUS IN GETHSEMANE: HIS HEART IS OPEN AND HONEST, YET ABLE TO TRUST HIS FATHER. HAVE THERE BEEN MOMENTS (PAST OR PRESENT) WHERE YOU'VE FOUND YOURSELF TROUBLED YET ABLE TO TRUST HIM? HOW WAS GOD ABLE TO TOUCH YOUR HEART THROUGH THAT?
5. IF YOU TRUST THAT YOU'VE BEEN MADE ON PURPOSE, IF YOU TRUST THAT GOD KNOWS YOU AND LOVES YOU, THEN YOU HAVE EVERYTHING YOU NEED TO BE VULNERABLE. WHAT ARE PRACTICAL WAYS THAT YOU CAN LET HIM AND OTHERS "MAKE THEIR MARK" AS WE PREPARE FOR THE EASTER SEASON?